



Palladium Dental

Pre-Operative Instructions

In preparation for your upcoming procedure, please take note of the following:

If you are opting for conscious sedation (Laughing gas), do not eat or drink anything 2 hours prior to your appointment and make sure you have an adult present to escort you home. (Local anesthesia has no food or water restrictions, and you may leave unescorted).

You should take any prescribed medication (e.g.: blood pressure, heart) on schedule with a small sip of water. Do not take any narcotic pain medication prior to your appointment as this could cause nausea when combined with sedation.

If you have any condition that requires pre-medication such as a heart murmur or artificial joint, please make arrangements for a prescription from the dentist or family doctor.

Do not plan any strenuous activities for 48 to 72 hours following your procedure.

Wear comfortable, loose fitting clothing for your appointment.

Arrange for an escort to accompany you to your appointment and accompany you home following surgery.